

## **STLF High School Pay It Forward Tour 2008**



### **Things to Bring!!!**

\*\*The following are **SUGGESTED** items to bring to the retreat. Feel free keep this list in mind while packing at your own discretion. **Thank you!**

#### **Clothes:**

Clothes for 5 days and 4 nights

Please note: there are some service projects that involve paint, dirt, etc.

Athletic clothes for free time

Jacket or Sweatshirt

Extra socks

Closed toe shoes/sneakers

#### **Toiletries:**

Toothbrush and toothpaste

Comb/brush

Soap

Hair care products

Towel

Shower Shoes

#### **Other Items:**

Water bottle

Notebook

Books/Magazines

DVD or VHS (school appropriate, please)

Pen/pencil

Flashlight

Camera

Sleeping Bag

Pillow

Blanket